

# Choose Life

2-B CHOICE FOR WOMEN

343-4636



**DOOR -N- GUTTER PRO**  
Commercial • Residential  
**SALES & SERVICE**

Garage Doors  
Custom Seamless Gutters  
Screen Rooms • Patio Covers  
Hurricane Protection

Ben, Jeff or Larry Nelson  
**251.666.8313**

3819 Gordon John Dr. Mobile, AL 36693  
Info@doorandgutterpro.com  
www.doorandgutterpro.com

# ACHOO!

"I need a doctor!!"



COMPASS PROVIDENCE  
**URGENT CARE**

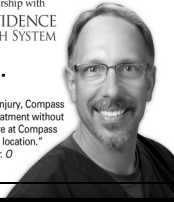
In partnership with  
PROVIDENCE  
HEALTH SYSTEM

**NOW OPEN**  
6901 Airport Blvd.  
on the Providence Campus

"Whether you, or your family, is ill or has an injury, Compass Providence is here for quick diagnosis and treatment without an appointment! You'll get the same great care at Compass Providence as you would get at any Compass location."

(251) 634-CARE

www.compassprovidence.com



880 Schillinger Rd. S.

Mobile, AL 36695

251-633-6122

251-633-6543 (Fax)

www.Sanmiguelrestaurant.com

**Happy Hour:** Monday – Friday  
Food & Drink Specials

**Wednesday:** Fajita Night

**Thursday:** Margarita Night

**Friday & Saturday:** Live Music

Delivery to Hospital & Funeral Home • Complete Wedding Service  
Bromeliads & Orchids • Landscaping Service & Plants

...More Than Just A Nursery

*Laura Kay's Nursery & Florist*  
Plants, Gifts & Cut Flowers for all occasions

LAURA KAY McBRIDE  
Owner

Phone 251-666-1510  
5600 COTTAGE HILL RD.  
MOBILE, ALABAMA 36609

For information about an ad call Mary at 633-6762 ext. 200 or office@oursaviorparish.org

**Have you considered mentioning Our Savior parish in your will? Please help us continue our ministry by remembering us in your will.**

## GUIDELINES FOR PUBLIC MASS

*General Dispensation from the obligation to attend Mass is still in effect.*

1. If you feel sick or have been in contact with someone exposed to COVID-19: STAY HOME! There is no obligation to attend Mass if you are ill. This dispensation applies also if you are healthy but cannot get in to Mass.
2. If you are high-risk (age, underlying conditions, other issues) you are welcome and encouraged to stay at home. We will continue to live-stream Masses during this time.
3. No more than 31 households will be able to attend. A "household" can be a single person living alone, or a couple, or parents (or single parents) with children.
4. Reservations will need to be made to attend. No reservations will be accepted over voice mail.
5. You will be required to check in with an usher at a table on the porch of the church. At all times, we must respect social distancing.
6. Masks are STRONGLY RECOMMENDED. PLEASE wear one coming to Mass. Please do NOT wear gloves.
7. Do not bring in personal items (cell phones, purses). We want to minimize the risk of contamination.
8. Hand sanitizing entering church is required. We'll supply the sanitizer at the check-in table.
9. Ushers will seat you. Please follow their lead.
10. Once in a row, a "household" has to remain there; no wandering

around. If your little ones can't manage this, perhaps it will be time to leave them at home.

11. The Quieting Room is limited to one family only.
12. There will be no holy water for individuals at this point.
13. The collection basket will be on the floor in front of the baptismal pool. Just drop in your envelopes.
14. Please follow ushers' leads for Holy Communion, to guarantee safe flow of people. NO masks when coming to receive the Sacrament.
15. QUIET singing will be the rule. Singing sprays droplets much farther than speaking.
16. Follow ushers' leads in leaving the church after Mass. Once again, we must respect social distancing, including on all of the church property. NO gatherings in the courtyard or porch or parking lot.
17. Restrooms and water fountains are off limits. No hearing aids will be available.
18. We will be disinfecting after Mass. This is a burden for our ushers; if you are willing to volunteer to help, please call the church office.
19. In all things, everywhere on church property, inside and outside, respect social distancing!
20. If we cannot follow these guidelines, we will have no choice but to stop "public Masses." This is our way of respecting not only the health and safety of our parishioners, but also those of our community who might be in contact with our people. If we can follow the guidelines (especially with social distancing and disinfecting) there's the possibility of more weekend Masses. If not, then not.

## CHURCH CONTRIBUTIONS



Online Giving

Visit our website to sign up and to begin contributing automatically to our parish. This convenient new system does not require you to contact your bank to sign up or to make changes. You can use any of your checking or savings accounts or debit or credit card, and the funds will be automatically transferred to our parish bank account. This system is more convenient for the parish than electronic checks from your bank. And it's convenient for you because you can make changes at any time. Go to our website or download the online giving app on your mobile device. Contact Judy Pukac at 251-633-6762 x 203 with any questions.

**For the web site** go to www.oursaviorparish.org then click on the Online Giving link. It's quick and easy!

**For the mobile app** go to the App Store and search for Online Giving and register with Our Savior Catholic Church.

## PLEASE KEEP DONATING TO GOODWILL EASTER-SEALS GOOD SAMARITAN PROGRAM

**ALL DONATION CENTERS WITH RETAIL LOCATIONS ARE OPEN DAILY 10:00 AM - 6:00PM, Azalea Road, Airport Road, Schillinger Road, Tillman's Corner and Moffett Road**

**YELLOW DONATION FORMS** are available in the Parish Office but please call ahead. Please turn your yellow donation form into Goodwill when donating. This allows Our Savior and Saint Vincent de Paul Society to receive \$5 gift certificates for our Friends in Need. **THANK YOU, PARISHIONERS**, for your participation and generosity. Please contact Christina Richie should you have any questions.

## STAFF

Father David Tokarz, Pastor  
Deacon Charles Kenny (retired)  
Deacon Norman Gale  
Deacon Jay Boyd  
Deacon Francis Tran  
Jan Murray, Religious Ed  
Tina Lyons, Youth Minister  
Dolores Hale, Ministry of Care  
Daniel Driskell, Music Minister  
Mary Marks, Office Manager  
Judy Pukac, Accountant  
Kim McDowell, Maintenance  
Mary Anthony, Housekeeping

## SCHEDULE OF MASSES

**Saturday Mass:** 5:00 p.m.  
**Sunday Masses:** 8:30 a.m. & 11:00 a.m.  
**Spanish Mass:** 7 p.m. - Sunday  
**Weekdays:** 8:30 am Tuesday-Friday  
**Holy Days:** 7 p.m. Vigil & 8:30 a.m. & 7 p.m.

## CONFESSIONS

Saturday: 4:00-4:30 p.m. & by appointment

## CONTACT

**Office:** 251-633-6762  
**Fax:** 251-633-7790  
**Website:** [www.oursaviorparish.org](http://www.oursaviorparish.org)  
**Facebook:** Our Savior Catholic Church  
**Email:** [office@oursaviorparish.org](mailto:office@oursaviorparish.org)  
**Fr. David's email:** [djtokarz1950@gmail.com](mailto:djtokarz1950@gmail.com)

## CHURCH ADDRESS

1801 Cody Rd S, Mobile, AL 36695

## Finance Council:

**Liturgy:** Fr. David Tokarz  
**Parish Life Activities:** Dolores Hale  
**LAFF:** Mary Anthony  
**Life & Justice:** Ricarda Manning  
**Knights of Columbus:** Michael Smitherman  
Grand Knight, Council 11366  
**4th Degree, Knights of Columbus:** Joe Behr  
Faithful Navigator Assembly 2918  
**Ladies Auxiliary:** Tina Lyons  
**Men of St. Joseph:** Francis Tran  
**St Vincent de Paul:** Christina Richie  
**Parish Council:** Vicki Wakefield  
**Sister Parish Com.:** Kathy Powell  
**Boy Scouts:** James Alexander  
**Cub Scouts:** Edward Nehls  
**Widows Web:** Judy Adams

## MOVING OR CHANGING ADDRESS

Please notify the parish office 251-633-6762

## NEW PARISHIONERS

If you are interested in joining our parish family, please fill out a card on the table in the back of the church to the left as you enter or online at [www.oursaviorparish.org](http://www.oursaviorparish.org)

## SACRAMENTAL GUIDELINES

**Baptism of infants:** If you are expecting a child or have recently had a child and want to prepare for baptism, please call Amy Walsh (251-605-8870) to schedule a preparation session.  
**Confirmation, RCIA, First Eucharist:** Jan Murray  
251-633-6762 x 206 or [re@oursaviorparish.org](mailto:re@oursaviorparish.org)  
**Matrimony:** Fr. David (six months before the wedding)

## RELIGIOUS EDUCATION

School of Religion grades K - 12 meets Sunday mornings from 9:45 a.m. - 10:45 a.m.

## PARISH OFFICE

8 a.m. - 4 p.m. Monday - Thursday  
8 a.m. - 3 p.m. Friday

## OUR SAVIOR YOUTH GROUPS

**Email:** [youth@oursaviorparish.org](mailto:youth@oursaviorparish.org)  
**Junior:** 6th - 8th grades  
**Senior:** 9th - 12th grades

## PRAYER CHAIN

Parish Office [office@oursaviorparish.org](mailto:office@oursaviorparish.org)

## EUCCHARISTIC ADORATION

Wednesday 9:00 a.m. - 6:00 p.m. followed by Novena



## Eighteenth Sunday of Ordinary Time August 2, 2020



## LEARNING TO LISTEN/DISCERN

This is a recap of the homily I preached this past Tuesday morning; I based it on the lament of the prophet Jeremiah (14:17-22). Much of it is actually also used as one of the canticles from the Old Testament for Morning Prayer in the Breviary. And I offer it since just this past Friday was the Memorial of St Ignatius Loyola (especially dear to Pope Francis, as you might imagine!).

First of all, Jeremiah prophesied disaster (“terror on every side” became his enemies’ nickname for him). But people wouldn’t listen to his message of reform/repent. And Jerusalem was in fact first sacked and then destroyed. He was the Biblical equivalent to the Greek figures Cassandra and Laocoon. The former, a daughter of Troy, was condemned by Apollo to prophesy the truth but with the condition that no one would ever believe her. The latter warned against bringing the Horse inside Troy’s walls, to no avail. The gods even sent serpents to kill him and his sons. They were ignored; we know the rest of the story.

We can be like this—whose voice do we hear and listen to? This is especially important in our times—civil unrest, the pandemic, the upcoming election... Do we recognize Jeremiah (or Cassandra) in our midst, or do we go another way? In *The Magician’s Nephew*, the story of the creation of Narnia, Uncle Andrew has been shockingly bad, but his nephew and his friend begged Aslan to help him. Aslan said he could not: “He has made himself unable to hear my voice. O Adam’s sons! How cleverly you defend yourselves against all the might do you good!” Do we do the same thing?

This past weekend EWTN re-aired a recent movie-biography of St Ignatius Loyola—a version very well done. A pivotal scene shows Inigo at night, lashing himself in “atonement” for his previous life of sin. He’s at the edge of a cliff. And a figure screams at him, “You’ll never atone! Can you endure this kind of torture for 70 years? You’re a sinner and will burn in hell! Go on and jump—get it over with.” Inigo looks up and defies the figure, who turns out to be satanic. When he defies him, the figure explodes into nothingness. The following finds him in a clear pool of fresh water, and a Child is sitting on the edge of the pond. It is the youthful Christ, who tells him, “You have learned to recognize the sound of that voice; now come to recognize the sound of my voice.” This is the origin and the essence of the *Spiritual Exercises*.

What voice do I hear and follow? How do I discern the difference? In part (in large part), this involves sitting in silence, with heart and soul open to listening. Can we spend time in quiet, begging our Lord to help us hear His voice and reject the voice of the “enemy of our human nature” (as Ignatius called him)? Of course we can. Will we take the time to listen?

Fr. David

## PARISH MISSION STATEMENT

“Our Savior parish is a Catholic community, fueled by the Eucharist and infused with the gifts of the Holy Spirit, committed to faith-filled worship, to outreach and welcoming for our brothers and sisters in need, to striving for Christian unity, to pursuing respect for the dignity of all human life, and to building the Kingdom of God on Cody Road and beyond.”

Please pray for those who are sick and suffering in our parish, in a special way...

Bill Barber	Manuela Golden	Jeb Shell
Keith Bumpers	Rose Marie Kervin	Kathy Sirak
Lisa Brazell	Monica Knight	Mary Ann Stanley
Annie Ruth Chappell	Rady Laron	Joe Vegliacich
Mason Coker	Myrtis Mooney	Bradley Wells
Judy Courtney	Marsha Naman	Elaine Zoller
Leah Dees	Michael Nelson	
Michael Dees	Ashley Rickel	
Jesus Gallego	Vicki Scott	

### FROM DEATH TO NEW LIFE

James Walsh 8/1/06	Agnes Murray 8/19/06
Sadie Davis 8/1/10	Cullis Holub 8/19/15
Jeanne Pollara 8/1/05	Tom Clinton 8/19/18
Phi Hoang 8/2/09	Helen Curry 8/20/17
Bonnie Moran 8/2/13	Sullivan O'Rourke 8/21/10
Madelyn Christiansen 8/3/09	Henna Dana 8/21/13
Mary Kress 8/3/14	Teresa Powell 8/22/08
James G Murray 8/4/02	Msgr Joseph McArdle 8/23/00
Cecilia Street 8/4/14	Eubie Watson 8/23/05
Sean Delcambre 8/5/19	Helen Cullefer 8/23/15
Margarita deCuellar 8/6/01	Linda Behr 8/23/18
George Kirk 8/6/13	Ann Burns 8/25/08
James Roberts 8/7/09	Edith Klein 8/25/05
Samuel P. Garrone 8/7/97	Doug Pierre 8/25/09
David Pomier 8/9/11	George Kutey 8/25/15
John Pigott 8/9/15	William Kirven 8/26/09
Leon Rung 8/10/16	Irene Novak 8/26/12
Pete Garriz 8/10/16	Mary Anne Hennigan 8/26/18
Ruth B. Dunaway 8/11/01	Jean Engler 8/27/97
Thomas Stirling 8/11/08	Conchita Charnock 8/27/12
Jack Baker 8/13/11	Barry Jaet 8/27/13
Lill England 8/14/08	Johnny Crist 8/28/10
Patsy Kenny 8/14/11	Harold Clark 8/28/2016
Lillian Giara 8/15/07	Cesar Cosci 8/29/18
Lorraine Roberts 8/15/19	Mary Beth Ezell 8/29/19
Lisa Crum 8/16/07	Regina Street 8/30/79
Faye Richburg 8/17/08	Ron Willis 8/30/03
Jerry Callaghan 8/17/12	Mary McQueen 8/30/12
Doyle Ellis 8/17/04	Lily Villanueva 8/30/15
Frank Holderfield Sr 8/17/07	Rolando Sema 8/31/12
Brooke Heuermann 8/17/13	
Charles Pollman, Sr. 8/18/08	

### MASS INTENTIONS OF THE WEEK

**Saturday 5:00 pm:** Mary Kress (d)  
**Sunday 8:30 am:** John Dana Barfield, Sr. (d)  
**11:00 am:** People of the Parish  
**Tuesday 8:30 am:** James Murray (d)  
**Wednesday 8:30 am:** Georgette Doyle Mosley (d)  
**Thursday 8:30 am:** Mary Lou Welch (d)  
**Friday 8:30 am:** Nellie Doyle (d)



### Advertiser of the Week

### PRAYER INTENTIONS POPE FRANCIS

#### The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

### READINGS OF THE WEEK

**Sat. Reading 1:** Jeremiah 26:11-16, 24  
**Gospel:** Matthew 14:1-12

**Sun. Reading 1:** Isaiah 55:1-3 (112A)  
**Reading 2:** Romans 8:35, 37-39  
**Gospel:** Matthew 14:13-21

**Mon. Reading 1:** Jeremiah 28:1-17  
**Gospel:** Matthew 14:22-36

**Tues. Reading 1:** Jeremiah 30:1-2, 12-15, 18-22  
**Gospel:** Matthew 14:22-36

**Wed. Reading 1:** Jeremiah 31:1-7  
**Gospel:** Matthew 15:21-28

**Thurs. Reading 1:** Daniel 7:9-10, 13-14  
**Reading 2:** 2 Peter 1:16-19  
**Gospel:** Matthew 17:1-9

**Fri. Reading 1:** Nahum 2:1, 3; 3:1-3, 6-7  
**Gospel:** Matthew 16:24-28

**NEIGHBOR CENTER** is in need of personal hygiene items and below is how we here at Our Savior can make a difference!

#### How can you make a difference?

Our Savior was asked to help provide personal hygiene items for those inmates at the Metro Jail. We ask that you consider making a donation of any monetary amount and we will go and purchase the items for you, or you can drop off your donation in the back of the church or over in the office to support The Neighbor Center. All items need to be in by **August 12th** so we can purchase the items needed and deliver by **August 14th**.

#### Items needed:

*Tooth paste, Deodorant, Bars of soap, Shampoo (clear bottles) Magazines, Books, Bibles, Undergarments, and Socks (white only)*

#### To make a monetary donation:

Go to our website [oursaviorparish.org](http://oursaviorparish.org), and then go to online giving. There will be a button for the Neighbor Center.

Thank you for helping us enrich the lives of those in our community.

### OUR SAVIOR LIVE-STREAMING MASSES

We will be **live-streaming Daily Mass** on Tuesday-Friday at 8:30 a.m. and **Sunday Mass** at 11:00 a.m. on Facebook.

#### Two ways to view the Masses:

- 1) Go to our website [www.oursaviorparish.org](http://www.oursaviorparish.org) and select resources menu at the top, and then click on the link "Daily Mass".
- 2) Log into Facebook and search for Our Savior Catholic Church. Please make sure you click on follow us on Facebook to get notices when a video is posted.

### KNIGHT'S KORNER

**RAFFLE TICKETS:** The group here at the Our Savior Knights of Columbus all hopes that you are doing well.

We have had our fourth drawing. To this point, we have only sold a little more tickets than we had as of last month. It has been difficult to sell tickets hampered as we all have been, but we will continue to do what we do. Raffle tickets sell for \$25 each.

The winners of the fourth drawing are:

- \$25 – Christina Hoke
- \$50 – Lonnie Gilmore
- \$100 – Lee Whatley

We still have five more drawings to go. Good luck to all of us. Thank you for your participation. Any profits that we receive will be going to help worthy causes. So in the end, we are all winners.

Our Savior Knights of Columbus

**SPECIAL COLLECTION** this weekend for Latin America. Please be generous.

**PRAY** for Tom Cotter who died July 26th. He was the father of Jim Cotter. May he rest in peace.

**"Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections, but instantly set about remedying them, every day begin the task anew."**

— St. Francis de Sales

Anticipated Offering Income	\$ 12,115
Actual Offering Income	\$ 9,190
Anticipated Offering Income to date	\$ 363,462
Actual Offering Income to date	\$ 335,951
YTD Offering: Over (Under)	\$ (27,510)
Budget Offering Year	\$ 630,000
Building Fund this week	\$ 100
Building Fund to date	\$ 4,079
Temascalapa	\$ 12,746

### NEWS FROM THE RELIGIOUS EDUCATION DEPARTMENT

**Religious education classes for grades K-12:** We are closing in on a decision regarding what religious education classes will look like for the fall of 2020. Stay tuned. We have just a few bugs to work out before we publicize our plan. Thank you for your patience.

**Anyone interested in joining the Catholic Church** or learning more about the Catholic faith should contact Jan Murray at 633-6762, x206. Feel free to invite all your friends and neighbors!

**Congratulations** to Tripp Beckmann, Luke Eubanks, Winston Henriksen, Jayli Lynde, and Aiden Recille who received Jesus in the Eucharist for the first time last Saturday! We rejoice with them and their families as they continue their faith journey. A huge **Thank You** to their catechists, Autumn Demeranville and Danielle Parker, who provided the formal catechesis until March and to their parents who rounded out their preparation after that. God bless you all!

**Adult Education:** Stay tuned for information regarding classes in the fall. Eileen Rettig is investigating several options.

### SPIRITUAL COMMUNION

Catholics are encouraged to make a Spiritual Communion. Spiritual Communion is the desiring of Jesus Christ to enter our heart when we are unable for various reasons to receive actual Holy Communion. Pope Francis has urged Catholics to perform Spiritual Communion during the COVID-19 pandemic. This practice was established in the Church for centuries and recommended by several saints.

#### Act of Spiritual Communion

*St. Alphonsus Liguori*

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.  
Amen.



### TAI CHI CLASS

*It is a low-impact; slow-motion exercise that is often described as "meditation in motion." This could possibly help us all during these trying times.*

#### Classes meet:

Mondays from 10:00 a.m. - 11:30 a.m. in Jennings Hall.

#### A friendly reminder:

- Social distancing should be observed at all times.
- Masks are encouraged.
- No cost
- Everyone is invited.

**"In the first place it should be known that if a person is seeking God, his beloved is seeking him much more."**

— St. John of the Cross

### YOUTH GROUP UPDATES/EVENTS

The Archdiocese has given us guidelines to follow and we are working on a plan to see how we can safely get our youth program up and running safely.

The first thing is that I need all parents to sign a Covid-19 waiver form. I will be sending a copy of this form in the next couple of weeks.

Parents I would need you to sign it and return it to me before your youth can participate in any youth activity.

Watch for email updates,  
Ms. Tina

Youth group is open to all Middle School Youth Group 6th-8th grade & High School Youth Group 9th-12th grade. Please contact Ms. Tina at youth@oursaviorparish.org or 251-633-6762 x 205, if you have any questions.



### Prayers to Our Lady of Perpetual Help

Mother of Perpetual Help, today we face so many difficulties. Your picture tells us so much about you. It reminds us to reach out and help those in need. Help us understand that our lives belong to others as much as they belong to us.

Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.

#### NOVENA TO OUR LADY OF PERPETUAL HELP

O Mother of Perpetual Help, grant that I may ever invoke thy most powerful name, which is the safeguard of the living and the salvation of the dying. O purest Mary, O sweetest Mary, let thy name henceforth be ever on my lips. Delay not, O Blessed Lady, to help me, whenever I call on thee; for, in all my temptations, in all my needs, I shall never cease to call on thee, ever repeating thy sacred name, Mary, Mary.

O what consolation, what sweetness, what confidence, what emotion, fill my soul when I utter thy sacred name, or even only think of thee. I thank the Lord for having given thee, for my good so sweet, so powerful, so lovely a name. But I will not be content with merely uttering thy name. Let my love for thee prompt me ever to hail thee, Mother of Perpetual Help.

*(Recite 3 Hail Mary's)*

#### CORONAVIRUS NOVENA - REDEMPTORIST CONFERENCE

Mother of Perpetual Help, with the greatest confidence we come before your holy picture to beseech your intercession. We think of you, Mother, at the foot of the Cross. Your heart must have bled to see your Son in agony. But your joy was great when He rose from the dead, victorious over the powers of evil. Mother of Sorrows, pray for us in this time of trial. Help us not to lose heart. Intercede for your people who are afflicted with Coronavirus. Comfort your people who are vulnerable anxious. Protect healthcare workers who put their lives at risk. Inspire our leaders to make good decisions. Change our hearts so that we may act responsibly. Teach us to trust in God's love and mercy and to share with you the joy of having courageously faced up to all the challenges of Life. Amen