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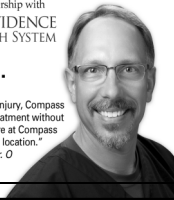
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For information about an ad call Mary at 633-6762 ext. 200 or office@oursaviorparish.org

Have you considered mentioning Our Savior parish in your will? Please help us continue our ministry by remembering us in your will.

PRAYER REQUESTS: Life can be difficult at times and we all need prayer. If you wish to place someone on the prayer list, please contact Mary in the parish office. The only thing we ask of you is to please let us know if this person has either recovered, died or is no longer in need of further prayer. Contact Audrey Cline or the parish office at office@oursaviorparish.org

MEMORIAL BRICKS: We are ready to start a new section. If you have been thinking about ordering a brick for a friend or a loved one; you will find the forms on the table in the back of the church. Price is \$40 each or 3 for \$100. What a wonderful way to honor or remember a loved one or a friend. If you have any questions or need more information, please contact Judy Pukac at 633-6762 x 203.

EUCCHARISTIC ADORATION is an act of love. We need volunteers on Wednesday. If you can help, please contact Janet Broderick at janetb8757@hotmail.com or (251) 635-1644.

USHERS NEEDED: We are in need of ushers especially at our 5:00 p.m. and 11:00 a.m. Masses, but we welcome volunteers at all Masses. An usher is the first person you see when entering the church as they greet you on your arrival and the last one you see as you leave. It is an awesome privilege to not only welcome people to the church, but being for others a representative of a welcoming and gracious God. For more information, please contact Bill Wakefield or the parish office at office@oursaviorparish.org

LINE DANCING is every Monday in Jennings Hall. Classes are from 6:30-8 pm. The cost is \$4 per person. Come join the fun!!

TAI CHI CLASS meets here every Monday at 10am in Jennings Hall. It is a low-impact; slow-motion exercise that is often described as "meditation in motion". Everyone is invited.

FREE ONLINE NEW LENTEN SERIES

METANOIA: A Journey with Christ into conversion. This ten part series begins February 3rd and ends Holy Week. It features Father David Pivonka, TOR, President of Franciscan University of Steubenville and founder of Ministry of the Wild Goose. Beautifully filmed in the Holy Land. Journey into a season of grace, hope, repentance and transformation! thewildgooseisloose.com **Judy Adams**

STAFF

Father David Tokarz, Pastor
Deacon Charles Kenny (retired)
Deacon Norman Gale
Deacon Jay Boyd
Deacon Francis Tran
Jan Murray, Religious Ed
Tina Lyons, Youth Minister
Dolores Hale, Ministry of Care
Juan Jose Gutierrez, Music Minister
Mary Marks, Office Manager
Judy Pukac, Accountant
Kim McDowell, Maintenance
Mary Anthony, Housekeeping

SCHEDULE OF MASSES

Saturday Mass: 5:00 p.m.
Sunday Masses: 8:30 a.m. & 11:00 a.m.
Spanish Mass: 7 p.m. Sunday
Weekdays: 8:30 am Tuesday-Friday
Holy Days: 7 p.m. Vigil & 8:30 a.m. & 7 p.m.

CONFESSIONS

Saturday: 3:30-4:30 p.m. & by appointment

CONTACT

Office: 251-633-6762
Fax: 251-633-7790
Website: www.oursaviorparish.org
Facebook: Our Savior Catholic Church
Email: office@oursaviorparish.org
Fr. David's email: djtokarz1950@gmail.com

CHURCH ADDRESS

1801 Cody Rd S, Mobile, AL 36695

Finance Council: Greg Carpenter
Liturgy: Fr. David Tokarz
Parish Life Activities: Dolores Hale
LAFF: Mary Anthony
Life & Justice: Ricarda Manning
Knights of Columbus: Mike Perry
Grand Knight, Council 11366
4th Degree, Knights of Columbus: Joe Behr
Faithful Navigator Assembly 2918
Ladies Auxiliary: Tina Lyons
Men of St. Joseph: Francis Tran
St Vincent de Paul: Christina Richie
Parish Council: Vicki Wakefield
Sister Parish Com.: Kathy Powell
Boy Scouts: James Alexander
Cub Scouts: Edward Nehls
Widows Web: Judy Adams

MOVING OR CHANGING ADDRESS

Please notify the parish office 251-633-6762

NEW PARISHIONERS

If you are interested in joining our parish family, please fill out a card on the table in the back of the church to the left as you enter or online at www.oursaviorparish.org

SACRAMENTAL GUIDELINES

Baptism of infants: If you are expecting a child or have recently had a child and want to prepare for baptism, please call Amy Walsh (251-605-8870) to schedule a preparation session.

Confirmation, RCIA, First Eucharist: Jan Murray
251-633-6762 x 206 or re@oursaviorparish.org

Matrimony: Fr. David (six months before the wedding)

RELIGIOUS EDUCATION

School of Religion grades K - 12 meets Sunday mornings from 9:45 a.m. - 10:45 a.m.

PARISH OFFICE

8 a.m. - 4 p.m. Monday - Thursday
8 a.m. - 3 p.m. Friday

OUR SAVIOR YOUTH GROUPS

Email: youth@oursaviorparish.org
Junior: 6th - 8th grades
Senior: 9th - 12th grades

PRAYER CHAIN

Parish Office office@oursaviorparish.org

EUCCHARISTIC ADORATION

Wednesday 9:00 a.m. - 6:00 p.m. followed by Novena



First Sunday of Lent March 1, 2020



LENTEN PITFALLS, PART II

There are other issues that trouble us as we try to make a response to the challenge of Lent to “Repent!” We want to do better; all too often things seem to get in our way. Here are two more “pitfalls” that can bedevil (pun intended!) us...

Fallacy #4: “I hate the Rosary; I guess I just don’t know how to pray. What’s the best method?” This could almost have been written by my Mother! She disliked the Rosary because she was infallibly convinced she must focus on every single word of all the prayers. And nothing could be further from the truth. But the fallacy goes deeper than that. It suggests that there are specific and appropriate ways to pray, and they should “work” for everyone.

Solution #4: There are many ways (or styles) of praying, besides the Rosary: the Jesus Prayer, the Liturgy of the Hours, *Lectio Divina* (slow, meditative reading of Scripture), Ignatian meditation (placing oneself in the scene of a Scriptural story), centering prayer, prayer of presence... Try different ones, and find out what works best for you—what matches your personality, style, time-frame, and so on. As St Francis de Sales put it: “Prayer must be matched to the call and station of the person; a wife should not think to pray like a contemplative nun. Many people have lost God in the desert, while others have found God in the marketplace.” Or, in more colloquial language: “Pray as you can, not as you can’t.”

Fallacy #5: “My responsibility is to be perfect; I must focus on every single detail of my life and never let God down.” Ah, yes—perfection! Let me know when you achieve it—you’ll be the first person to do so in all human history (and no, the Blessed Mother never achieved perfection—it was granted her from above). This is a formula doomed from the beginning. To modify the maxim from mathematics and logic: ‘an infinite number of examples cannot prove perfection, but a single contrary example can disprove it.’

Solution #5: Recognize your dependence and your limitations as a contingent creature. To strive for perfection is one thing; to be convinced you must attain it on your own is heresy (the technical term is ‘Pelagianism’). We don’t strive for perfection in order to gain God’s love; God’s love enables us to strive! Again, in colloquial terms: You fall down; you get back up again. Fidelity to discipleship is our task; being made perfect is God’s task (and ‘purgatory’ is a way of suggesting it typically won’t be a finished job here). “Keep your eyes fixed on Jesus, the pioneer and perfecter of our faith” (Hebrews 12:1-2).

Fr. David

PARISH MISSION STATEMENT

“Our Savior parish is a Catholic community, fueled by the Eucharist and infused with the gifts of the Holy Spirit, committed to faith-filled worship, to outreach and welcoming for our brothers and sisters in need, to striving for Christian unity, to pursuing respect for the dignity of all human life, and to building the Kingdom of God on Cody Road and beyond.”

Please pray for those who are sick and suffering in our parish, in a special way...

Bill Barber	Jesus Gallego	Ashley Rickel
Joyce Bills	Manuela Golden	Vicki Scott
Keith Bumpers	Rose Marie Kervin	Jeb Shell
Lisa Brazell	Monica Knight	Kathy Sirak
Annie Ruth Chappell	Rady Laron	Mary Ann Stanley
Mason Coker	Mary Lozano	Joe Vegliacich
Judy Courtney	Myrtis Mooney	Bradley Wells
Leah Dees	Marsha Naman	Elaine Zoller
Michael Dees	Michael Nelson	

FROM DEATH TO NEW LIFE

Henry Graveman 3/1/99	George McLean 3/16/07
Arlene Norton 3/1/08	Donald Sacramona 3/16/90
Maribelle Weir 3/1/12	Libby Mann 3/17/11
Walter Bequette 3/1/12	Ted Nameniuk 3/18/08
Janice Pocase 3/1/14	Elizabeth Anderson 3/18/12
Margaret Kirven 3/2/10	Frank Nash 3/18/17
Ethel Carter 3/3/13	Winifred Tohill 3/19/08
Patty McLean 3/3/18	John Baker 3/19/14
Russ Masse 3/4/14	Elaine Villarrubia 3/19/14
Judy Darring 3/4/13	Louise Carlson 3/20/08
Deana Williams 3/5/10	Gene Stassi 3/20/14
Shawn Jacobs 3/4/06	James Rufus Johnson 3/20/17
Nellie Doyle 3/4/09	Juancho Ortiz 3/22/16
John M. Broderick 3/5/07	Lois Jourdan 3/22/14
Frank Stapleton 3/5/12	Robert Gray 3/22/15
Alberta Quina 3/5/12	Kevin O'Connor 3/23/09
Edna Street 3/6/07	Joy Heiter O'Rourke 3/23/09
Pete Chieplich 3/6/10	Paul Spizuco 3/23/14
Chester Benson 3/6/10	Magdalena Woodniok 3/24/08
Margaret Roh 3/6/18	Michael Doran 3/24/19
Michael Patano 3/7/16	Doc Giesselmann 3/25/14
Bill Healy 3/7/18	Jim Thomas 3/25/15
Annie Hacker 3/8/11	Marylyn O'Rourke 3/25/94
Tommy Wilson 3/8/18	Billy Turner 3/25/16
Stephen Ellis 3/11/04	Tom Langan 3/26/15
Claude Christianson 3/10/05	Myzidia Hyatt 3/29/09
Stephanie Ellis 3/11/04	Linda Skeel-Haenel 3/29/19
Joseph Smith 3/10/07	Msr Joseph Jennings 3/30/15
Kathleen Jones 3/12/05	Priscilla Renaud 3/31/10
John Hagen 3/12/16	Timothy LaFramboise 3/31/17
Ruth Komrowski 3/13/11	Johnny Reid 3/31/17
Mary Cosci 3/13/17	Christine Johnson 3/31/18
Etta Lee Sciple 3/15/09	
Ken Huggins 3/15/13	
Donald Lemmon 3/16/15	

MEETINGS OF THE WEEK

Sunday	RE (9:45 am) AE (9:45 am) St Vincent de Paul mtg (9:45 am)
Monday	Parish Mission (8:30 am & 7:00 pm) Tai Chi (10 am) Line Dancing (6:30 pm)
Tuesday	Parish Mission (8:30 am & 7:00 pm) Centering Prayer (10:30 am) Handmade Hugs (1 pm) Men of St. Joseph (6 pm)
Wednesday	Parish Mission (8:30 am) Adoration (9 am - 5:00 p.m.) Bible Sharing (9:30 am) Reconciliation (7:00 pm)
Thursday	K of C mtg (7 pm) Lenten Bible Study (7:00 pm) church
Friday	1st Friday Holy Hour (9:00 am) Singing Needles (10:30 am) Stations of the Cross (6:00 pm) Lenten Fish Fry (6:30 pm)
Saturday	Parish Life Bingo (6:30 pm)



ADORATION on Wednesday, March 4th will be 9:00 a.m. to 5:00 p.m. and no novena.



PARISH LIFE BINGO will be **Saturday, March 7th** in Jennings Hall. The doors will open at 6:30 p.m. Adults and Children are invited. We will have a concession stand with hotdogs, drinks, and etc. Come enjoy the **FUN!!**

MASS INTENTIONS OF THE WEEK

Saturday	5:00 p.m.: Patricia Smith (d)
Sunday	8:30 a.m.: People of the Parish 11:00 a.m.: Henry Graveman (d)
Monday	8:30 a.m.: George & Nellie Doyle (d)
Tuesday	8:30 a.m.: Jack Granade (d)
Wednesday	8:30 a.m.: Nellie Doyle (d)
Thursday	8:30 a.m.: Masae Neel & Family (l)
Friday	8:30 a.m.: Jeffrey Lemmon (d)

Advertiser of the Week



PRAYER INTENTIONS POPE FRANCIS

Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

READINGS OF THE WEEK

Sat.	Reading 1: Isaiah 58:9b-14 Gospel: Luke 5:27-32
Sun.	Reading 1: Genesis 2:7-9; 3:1-7 (22A) Reading 2: Romans 5:12-19 Gospel: Matthew 4:1-11
Mon.	Reading 1: Leviticus 19:1-2, 11-18 Gospel: Matthew 25:31-46
Tues.	Reading 1: Isaiah 55:10-11 Gospel: Matthew 6:7-15
Wed.	Reading 1: Jonah 3:1-10 Gospel: Luke 11:29-32
Thurs.	Reading 1: Esther C:12,14-16, 23-25 Gospel: Matthew 7:7-12
Fri.	Reading 1: Ezekiel 18:21-28 Gospel: Matthew 5:20-26

KNIGHT'S KORNER

RAFFLE TICKETS: We will be selling raffle tickets after the Masses for \$25 each. Please see a knight for tickets or more information. All tickets drawn go back in for the next month's drawing. The first drawing will be in **April**; so buy your tickets early so you have more chances of winning. **Good luck everyone!!**

LENTEN BIBLE STUDY

Thursday during Lent beginning March 5th at 7:00 p.m. in the church Fr David will be the guide for a journey through the "Seven Penitential Psalms," ## 6, 32, 38, 51, 102, 130, and 143. Come join us to share the roots of Jewish and Christian devotion.

CONTEMPLATIVE PRAYER

The contemplative prayer ministry is a way to bring the Gospel reading into our life by practicing an early form of prayer called Lectio Divina. There are two groups. The Spanish meets Sunday in the library at 5:00 p.m. and the English meets Monday in the church at 7:00 p.m. Contact Marta Gale for more information.

CENTERING PRAYER AND THE FORGIVENESS PRAYER

A weekly prayer group with the focus on Centering Prayer and the Forgiveness Prayer meets on Tuesday at 10:30 am. in the Quiet Room area of the Church. For information call Alex - 251-422-0540 or Gloria - 251-648-6521.

WEDNESDAY MORNING LECTIONARY SHARING GROUP

The lectionary sharing group meets to reflect on lectionary readings for the coming Sunday. They meet from 9:30 a.m. to 11:00 a.m. on Wednesday in the activities building.



DAYLIGHT SAVING TIME begins next Sunday, March 8th at 2am. Remember to move your clock forward 1 hour, before you go to bed.

Anticipated Offering Income	\$ 12,115
Actual Offering Income	\$ 8,223
Anticipated Offering Income to date	\$ 96,923
Actual Offering Income to date	\$ 86,611
YTD Offering: Over (Under)	\$ (10,312)
Budget Offering Year	\$ 630,000
Building Fund this week	\$ 0
Building Fund to date	\$ 1,253

NEWS FROM THE RELIGIOUS EDUCATION DEPARTMENT

Religious education classes are in session all 5 Sundays of March. Please bring your family to Stations of the Cross at 6pm on Fridays during Lent and stay for the Lenten dinner afterwards provided by the Knights of Columbus.

Fr David will be speaking on the **Penitential Psalms** at 7pm in the Church each Thursday during Lent. Plan to attend as part of your Lenten prayer. You'll be glad you did!

40 Days for Life covers the abortion site in prayer from 6am – 6pm from Ash Wednesday, February 26th – Palm Sunday, April 5th. To sign up for vigil hours to pray on the abortion sidewalk, visit www.40daysforlife.com/mobile. For help, contact Ricarda Manning 251-343-9204 or manning_r@bellsouth.net or Mae Rehm at 251-554-2032 or maemouse@aol.com

ADULT RELIGIOUS EDUCATION resumes on Sunday March 1 between the Sunday Masses. We meet in the parish library. We will begin a video series on the prophets of the Old Testament. Please join us for coffee, doughnuts and interesting discussions. For more information, especially the workbooks for this program please contact Eileen Rettig 251-661-8619 or emrettig@aol.com



EASTER LILY MEMORIAL may be donated in the name of a loved one. There is a list and envelopes on the table at the back of the church. Please write your name on the envelope along with your donation, and drop it in the basket.

SPECIAL COLLECTION this weekend for Black and Indian Missions. Please be generous.

PREVIOUSLY BLESSED PALMS will be collected during the Lenten Season. Please place your previously blessed palms in the basket in the back of the church through Palm Sunday, April 5th.

"The Eucharist is alive. If a stranger who knew nothing about the Eucharist were to watch the way we receive, would he know this? When you and I approach the Eucharist, does it look like we believe we are about to take into our bodies the living person, Jesus Christ, true God and true man? How many times, Lord, have I forgotten that the Eucharist is alive! As I wait in line to receive you each day, am I thinking about how much you want to unite yourself with me? Am I seeing your hands filled with the graces you want to give me? Am I filled with awe and gratitude that you love me so much as to actually want to come to me in this incredibly intimate way? Or am I distracted, busy with other thoughts, preoccupied with myself and my agendas for the day? How many times, Jesus, have I made you sad, mindlessly receiving you into my body, into my heart, with no love and no recognition of your love? How many times have I treated you as a dead object? The Host that we receive is not a thing! It's not a wafer! It's not bread! It's a person – He's alive!"

– Vinny Flynn, *Seven Secrets of the Eucharist*

YOUTH GROUP UPDATES/EVENTS

Souper Bowl of Caring 2020 Update

Our Youth and Adult helpers are still sorting, counting and boxing up food items for our SVDP Food Pantry. Our new total as of this weekend is 10,219 nonperishable food items. We would like to **Thank** everyone, our surrounding neighborhoods, those who purchased on line and our parishioners. You are truly making a difference to so many families !

Next Up: Lenten Dinners

Once again our youth will be helping out the Knights of Columbus with their Lenten Dinners. We will supply all the desserts for the next 6 Friday nights. Please have your dessert here by 6pm so we can be ready to serve by 6:30. We will need about 3 or 4 youth to stay and help each week. Please let me know ASAP what weeks you can help out.

Alive in You Updates:

Getting ready to order t-shirt and plans are being made for our free day! Just a reminder; if you haven't already sent in your original \$100 deposit, please do so as soon as possible. The second payment of \$120 was due January 15, 2020.

Upcoming Meetings /Events:

March 6th, 13th, 20th & 27th - Stations of the Cross 6pm and Lenten Dinner at 6:30

March 7th – Work day up in Youth Room beginning at 10 a.m.

April 3rd - Stations of the Cross 6pm and Lenten Dinner at 6:30

Youth group is open to all Middle School Youth Group 6th-8th grade & High School Youth Group 9th-12th grade. Please bring a snack or drink to share with the group at our gatherings. Please contact Ms. Tina at youth@oursaviorparish.org or 251-633-6762 x 205, if you have any questions.

RICE BOWLS are in the back of the church. During Lent when you give up little things like coffee, candy, or alcohol we can make more room for God in our lives. The money you save can go to help those in need. Use these rice bowls to help with one of the big three of Lent: *almsgiving*. Rice bowl donations can be turned in at the offertory at each Mass during Lent.

LENTEN DEVOTIONAL BOOKS are in the back of the church. They will help guide you through the 40 days of Lent with prayers, meditations, and inspiring essays. Please one per family.

PARISH LENTEN MISSION Our Mission will be February 29th - March 4th, given by Fr Dennis McManus a priest of our Archdiocese and currently teaching at Georgetown University in Washington, DC. Fr Dennis will preach at morning Masses 8:30 a.m. Monday - Wednesday, as well as Monday and Tuesday evenings at 7:00 p.m. We will end with a parish Reconciliation service on Wednesday evening. The theme: "*Conversations of Jesus.*"

STATIONS OF THE CROSS will be at 6:00 p.m. every Friday during Lent.

PARISH LENTEN SUPPER will follow the Stations of the Cross at 6:30 p.m.. The Knights of Columbus will be serving a delicious Lenten meal in Jennings Hall. The cost will be \$8 for adults and \$3 for children under the age of 12. Pizza will be available for children.

PRAY for Jean Falzini who died February 23rd. She was the wife of Edward Falzini. May she rest in peace.