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Have you considered mentioning Our Savior parish in your will? Please help us continue our ministry by remembering us in your will.

PRAYER REQUESTS: Life can be difficult at times and we all need prayer. If you wish to place someone on the prayer list, please contact Mary in the parish office. The only thing we ask of you is to please let us know if this person has either recovered, died or is no longer in need of further prayer. Contact Audrey Cline or the parish office at office@oursaviorparish.org

MEMORIAL BRICKS: We are ready to start a new section. If you have been thinking about ordering a brick for a friend or a loved one; you will find the forms on the table in the back of the church. Price is \$40 each or 3 for \$100. What a wonderful way to honor or remember a loved one or a friend. If you have any questions or need more information, please contact Judy Pukac at 633-6762 x 203.

EUCCHARISTIC ADORATION is an act of love. We need volunteers on Wednesday. If you can help, please contact Janet Broderick at janetb8757@hotmail.com or (251) 635-1644.

USHERS NEEDED: We are in need of ushers especially at our 5:00 p.m. and 11:00 a.m. Masses, but we welcome volunteers at all Masses. An usher is the first person you see when entering the church as they greet you on your arrival and the last one you see as you leave. It is an awesome privilege to not only welcome people to the church, but being for others a representative of a welcoming and gracious God. For more information, please contact Bill Wakefield or the parish office at office@oursaviorparish.org

LINE DANCING is every Monday in Jennings Hall. Classes are from 6:30-8 pm. The cost is \$4 per person. Come join the fun!!

TAI CHI CLASS meets here every Monday at 10am in Jennings Hall. It is a low-impact; slow-motion exercise that is often described as "meditation in motion". Everyone is invited.

FREE ONLINE NEW LENTEN SERIES

METANOIA: A Journey with Christ into conversion. This ten part series begins February 3rd and ends Holy Week. It features Father David Pivonka, TOR, President of Franciscan University of Steubenville and founder of Ministry of the Wild Goose. Beautifully filmed in the Holy Land. Journey into a season of grace, hope, repentance and transformation! thewildgooseisloose.com **Judy Adams**

STAFF

Father David Tokarz, Pastor
Deacon Charles Kenny (retired)
Deacon Norman Gale
Deacon Jay Boyd
Deacon Francis Tran
Jan Murray, Religious Ed
Tina Lyons, Youth Minister
Dolores Hale, Ministry of Care
Juan Jose Gutierrez, Music Minister
Mary Marks, Office Manager
Judy Pukac, Accountant
Kim McDowell, Maintenance
Mary Anthony, Housekeeping

SCHEDULE OF MASSES

Saturday Mass: 5:00 p.m.
Sunday Masses: 8:30 a.m. & 11:00 a.m.
Spanish Mass: 7 p.m. Sunday
Weekdays: 8:30 am Tuesday-Friday
Holy Days: 7 p.m. Vigil & 8:30 a.m. & 7 p.m.

CONFESSIONS

Saturday: 4:00-4:30 p.m. & by appointment

CONTACT

Office: 251-633-6762
Fax: 251-633-7790
Website: www.oursaviorparish.org
Facebook: Our Savior Catholic Church
Email: office@oursaviorparish.org
Fr. David's email: djtokarz1950@gmail.com

CHURCH ADDRESS

1801 Cody Rd S, Mobile, AL 36695

Finance Council: Greg Carpenter
Liturgy: Fr. David Tokarz
Parish Life Activities: Dolores Hale
LAFF: Mary Anthony
Life & Justice: Ricarda Manning
Knights of Columbus: Mike Perry
Grand Knight, Council 11366
4th Degree, Knights of Columbus: Joe Behr
Faithful Navigator Assembly 2918
Ladies Auxiliary: Tina Lyons
Men of St. Joseph: Francis Tran
St Vincent de Paul: Christina Richie
Parish Council: Vicki Wakefield
Sister Parish Com.: Kathy Powell
Boy Scouts: James Alexander
Cub Scouts: Edward Nehls
Widows Web: Judy Adams

MOVING OR CHANGING ADDRESS

Please notify the parish office 251-633-6762

NEW PARISHIONERS

If you are interested in joining our parish family, please fill out a card on the table in the back of the church to the left as you enter or online at www.oursaviorparish.org

SACRAMENTAL GUIDELINES

Baptism of infants: If you are expecting a child or have recently had a child and want to prepare for baptism, please call Amy Walsh (251-605-8870) to schedule a preparation session.

Confirmation, RCIA, First Eucharist: Jan Murray

251-633-6762 x 206 or re@oursaviorparish.org

Matrimony: Fr. David (six months before the wedding)

RELIGIOUS EDUCATION

School of Religion grades K - 12 meets Sunday mornings from 9:45 a.m. - 10:45 a.m.

PARISH OFFICE

8 a.m. - 4 p.m. Monday - Thursday
8 a.m. - 3 p.m. Friday

OUR SAVIOR YOUTH GROUPS

Email: youth@oursaviorparish.org

Junior: 6th - 8th grades

Senior: 9th - 12th grades

PRAYER CHAIN

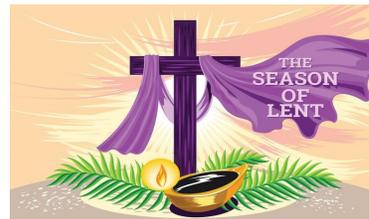
Parish Office office@oursaviorparish.org

EUCCHARISTIC ADORATION

Wednesday 9:00 a.m. - 6:00 p.m. followed by Novena



Seventh Sunday in Ordinary Time February 23, 2020



LENTEN PITFALLS, PART I

We fragile human beings get snared by so many pitfalls during Lent (and all other times!). How can we recognize the fallacies that pull us down, and what can we do about them? Here are three that are very, very common...

Fallacy #1: "What's the point of trying? I keep falling into the same sins..."

Its root is this: we think we can and must conquer all our sins in order for God to love us. But the exact reverse is true—God loves us in order that we can continue to attack our sins. Our being convinced of God's love for us enables us to "keep on keeping on," as Sr Thea Bowman famously put it. The real problem here is that "the enemy of our human nature" (as St Ignatius Loyola described the devil) cares only about our giving up; which sin particularly bothers us is irrelevant to him. After all, once you've been hooked, who cares what the bait was? It doesn't matter; once you give up, you've been hooked.

Solution #1: Listen to Winston Churchill: "Never, never, never, never surrender." We fall down; we get back up again—every time. As St Francis de Sales wrote in *The Introduction to the Devout Life*: "Do not be too severe, even with yourself: but gently, as soon as you fall, turn back to the Lord and continue your journey."

Fallacy #2: "I don't have that 'close feeling' with God anymore; I guess God has abandoned me." Its root is this: we too often think that feelings are the essential mark of a spiritual person. But feelings, by themselves, don't describe other relationships we have; why should they, with God? The spiritual life is about work to be accomplished, not just feelings to be enjoyed. Feelings come and go; our choices are what remain, and choice is the essence of loving.

Solution #2: remember the spiritual dryness of great saints like Teresa of Avila or Mother Teresa of Calcutta. Fidelity, in spite of lack of feelings, is our authentic path. As St Ignatius Loyola put it: a consolation is whatever draws us closer to God, no matter how painful it feels; a desolation is whatever moves us further away from God, no matter how pleasant it feels.

Fallacy #3: "I went to Reconciliation and confessed my sins, and I was granted absolution, but I still feel guilty." The root here is related to that of #2—thinking that feelings are all that matter. But the flip side is that if we don't feel guilty, it's OK—right?? Wrong!! Objective reality takes precedence over subjective emotional responses. FYI: there is NO sin we can commit that is so great God cannot forgive it (let's get rid of this version of spiritual 'pride').

Solution #3: there may be a process of healing we need as a result of what we did that goes beyond simple forgiveness, but forgiveness is real, regardless. When the Church (on the authority of Jesus Christ) pronounces forgiveness, that sin ceases to exist!! Remember I John 3:20—"If our heart should accuse us, God is greater than our hearts and knows everything." Or as Pope Francis has put it, the name of God is MERCY.

There will be more during the course of Lent. Meanwhile, let's engage in the disciplines of prayer, fasting, and almsgiving with great joy!

Fr. David

PARISH MISSION STATEMENT

"Our Savior parish is a Catholic community, fueled by the Eucharist and infused with the gifts of the Holy Spirit, committed to faith-filled worship, to outreach and welcoming for our brothers and sisters in need, to striving for Christian unity, to pursuing respect for the dignity of all human life, and to building the Kingdom of God on Cody Road and beyond."

Please pray for those who are sick and suffering in our parish, in a special way...

Bill Barber	Jesus Gallego	Ashley Rickel
Joyce Bills	Manuela Golden	Vicki Scott
Keith Bumpers	Rose Marie Kervin	Jeb Shell
Lisa Brazell	Monica Knight	Kathy Sirak
Annie Ruth Chappell	Rady Laron	Mary Ann Stanley
Mason Coker	Mary Lozano	Joe Vegliacich
Judy Courtney	Myrtis Mooney	Bradley Wells
Leah Dees	Marsha Naman	Elaine Zoller
Michael Dees	Michael Nelson	

FROM DEATH TO NEW LIFE

Nick Ciccaglione 2/1/08	Jacques Trefontaine 2/15/02
Don Lee 2/2/13	Florence Bowdion 2/15/07
Carmel Cotter 2/3/16	John Calametti 2/15/17
Mary Ellen Cruit 2/3/04	Peg Baldy 2/15/2020
Harriett Busby 2/4/99	Carl Noller 2/17/87
Tom Pennington 2/4/11	Noah Riddle 2/17/16
David Zimlich 2/4/15	Dolores Ramos 2/18/14
Steven Grant 2/5/00	Ignatius Darring 2/20/09
Rose Ellis 2/6/06	Judy Engler 2/20/16
Ethel Vaisin 2/6/19	Jack Kenny 2/20/13
Richard J. Smith, Jr. 2/6/2020	Eugene Holt 2/20/13
Joe Hacker 2/7/11	Joan Duffy 2/22/08
Charlotte Faye Grimes 2/7/19	Renee Gump 2/25/17
John Klemm 2/8/15	Agnes Griffith Harper 2/26/03
Harry Ryan III 2/9/02	Billy Kountz 2/27/07
Josephine Stewart 2/9/09	Mike Walsh 2/27/11
Jo Shirey 2/9/17	Jacob Moore 2/27/16
Al Cosci 2/13/11	Lejune Newman 2/27/12
Harold Reed 2/12/09	Earl Jordan 2/28/07
Jim Murray 2/12/08	Tim Lovorn 2/28/08
Don Maurer 2/12/16	H. L. Porter 2/28/08
John Ellis 2/14/06	Dorothy Puckett 2/29/12

MEETINGS OF THE WEEK

Monday Office Closed-noon
Tuesday Office Closed
Wednesday Ash Wednesday (8:30 a.m. & 7:00 p.m.)
 Adoration (9:00 a.m. - 4:00 p.m.)
 Bible Sharing (9:30 a.m.)
Thursday K of C Officer's mtg (7:00 p.m.)
Friday Singing Needles (10:30 a.m.)
 Stations of the Cross (6:00 p.m.)
 Lenten Dinners

SPECIAL COLLECTION next weekend for Black and Indian Missions. Please be generous.

LENTEN BIBLE STUDY

Thursday during Lent beginning March 5th at 7:00 p.m. in the church Fr David will be the guide for a journey through the "Seven Penitential Psalms," ## 6, 32, 38, 51, 102, 130, and 143. Come join us to share the roots of Jewish and Christian devotion.

CONTEMPLATIVE PRAYER

The contemplative prayer ministry is a way to bring the Gospel reading into our life by practicing an early form of prayer called Lectio Divina. There are two groups. The Spanish meets the second and forth Sunday of the month, in the library at 5:00 p.m. and the English meets second and forth Monday of the month in the church at 4:00 p.m.

CENTERING PRAYER AND THE FORGIVENESS PRAYER

A weekly prayer group with the focus on Centering Prayer and the Forgiveness Prayer meets on Tuesday at 10:30 am. in the Quiet Room area of the Church. For information call Alex - 251-422-0540 or Gloria - 251-648-6521.

WEDNESDAY MORNING LECTIONARY SHARING GROUP

The lectionary sharing group meets to reflect on lectionary readings for the coming Sunday. They meet from 9:30 a.m. to 11:00 a.m. on Wednesday in the activities building.

MASS INTENTIONS OF THE WEEK

Saturday 5:00 pm: Joseph Yusko (d)
Sunday 8:30 am: Jim & Shirley Ferry (d)
11:00 am: People of the Parish
Tuesday 8:30 am: Communion Service
Wednesday 8:30 am: Angela Lizares (d)
7:00 pm: George Romano (d)
Thursday 8:30 am: Lorraine Skeffington (d)
Friday 8:30 am: Jim & Josephine Licari (d)



Advertiser of the Week

PRAYER INTENTIONS POPE FRANCIS

Listen to the Migrants' Cries

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

READINGS OF THE WEEK

Sat. Reading 1: 1 Peter 5:1-4
Gospel: Matthew 16:13-19
Sun. Reading 1: Leviticus 19:1-2, 17-18 (79A)
Reading 2: 1 Corinthians 3:16-23
Gospel: Matthew 5:38-48
Mon. Reading 1: James 3:13-18
Gospel: Mark 9:14-29
Tues. Reading 1: James 4:1-10
Gospel: Mark 9:30-37
Wed. Reading 1: Joel 2:12-18 (219)
Reading 2: 2 Corinthians 5:20-6:2
Gospel: Matthew 6:1-6, 16-18
Thurs. Reading 1: Deuteronomy 30:15-20
Gospel: Luke 9:22-25
Fri. Reading 1: Isaiah 58:1-9a
Gospel: Matthew 9:14-15

KNIGHT'S KORNER

GREETINGS FELLOW PARISHIONERS. Well the raffle is in full swing now with knights selling tickets after all the Masses each weekend. Thank you to all who have bought tickets so far. Remember your chances of winning are better in the earlier months. So why not take a chance. Believe it or not Lent starts this Wednesday. That means we begin selling our infamous fish fry dinners starting this coming Friday. It's definitely a parish favorite with good food and fellowship. **Vivat Jesus!!**

RAFFLE TICKETS: We will be selling raffle tickets after the Masses for \$25 each. Please see a knight for tickets or more information. All tickets drawn go back in for the next month's drawing. The first drawing will be in March; so buy your tickets early so you have more chances of winning. **Good luck everyone!!**

 **PARISH LIFE BINGO** will be **Saturday, March 7th** in Jennings Hall. The doors will open at 6:30 p.m. Adults and Children are invited. We will have a concession stand with hotdogs, drinks, and etc. Come enjoy the **FUN!!**

PREVIOUSLY BLESSED PALMS will be collected during the Lenten Season. Please place your previously blessed palms in the basket in the back of the church through Palm Sunday, April 5th.

 * Looking for a good Lenten practice for body and soul? Help *
 * plant flowers (prayers) and watching them grow into the many *
 * blessings from God. Consider joining the **Vineyard Workers** *
 * in preparing the grounds for Easter. "He has made everything *
 * beautiful in its time." Ecclesiastes 3:11 Contact Judy Adams if you *
 * would like to help. *

Anticipated Offering Income	\$	12,115
Actual Offering Income	\$	9,678
Anticipated Offering Income to date	\$	84,808
Actual Offering Income to date	\$	78,388
YTD Offering: Over (Under)	\$	(6,420)
Budget Offering Year	\$	630,000
Building Fund this week	\$	33
Building Fund to date	\$	1,253

NEWS FROM THE RELIGIOUS EDUCATION DEPARTMENT

Religious education classes are in session all 5 Sundays of March. Please bring your family to Stations of the Cross at 6pm on Fridays during Lent and stay for the Lenten dinner afterwards provided by the Knights of Columbus.

Fr David will be speaking on the **Penitential Psalms** at 7pm in the Church each Thursday during Lent. Plan to attend as part of your Lenten prayer. You'll be glad you did!

Parents who missed the **First Eucharist meeting** on February 16 are asked to see Jan Murray in the office on Sunday, March 1, for an update. Please come before or after religious education class.

LEAP FOR LIFE FAMILY EVENT - Grilled hotdogs and Family Fun with Tommy Burns DJ Services at the **40 DAYS FOR LIFE KICK OFF RALLY** is Saturday, February 29th, at 10:30am in the Women's Resource Center parking lot, 718 Downtowner Loop West. Guest speakers are Senator Bill Hightower, Representative Chris Pringle & Mr. Jerry Carl. Pick up signs and materials to promote 40 Days for Life in your church, family, and community. For info: Jennifer Porr 251-751-7401 or Mae Rehm 251-554-2032.

40 DAYS FOR LIFE covers the abortion site in prayer from 6am – 6pm from Ash Wednesday, February 26th – Palm Sunday, April 5th. To sign up for vigil hours to pray on the abortion sidewalk, visit www.40daysforlife.com/mobile. For help, contact Ricarda Manning 251-343-9204 or manning_r@bellsouth.net or Mae Rehm at 251-554-2032 or maemouse@aol.com.

ADULT RELIGIOUS EDUCATION resumes on Sunday March 1 between the Sunday Masses. We meet in the parish library. We will begin a video series on the prophets of the Old Testament. Please join us for coffee, doughnuts and interesting discussions. For more information, especially the workbooks for this program please contact Eileen Rettig 251-661-8619 or emrettig@aol.com

ASH WEDNESDAY, FEBRUARY 26TH is a day of fasting and abstinence for Catholics. According to Church law, Catholics older than the age of 14 are supposed to abstain from meat. In addition, those between the ages of 18 and 59, not including pregnant or nursing mothers, should eat only one full meal. **Ashes will be distributed during the 8:30 am and 7:00 pm Masses.**

THE PARISH OFFICE will close Monday, February 24th at noon and Tuesday, February 25th for Mardi Gras.

PRAY for Peg Baldy who died February 15th. She was the mother of Maureen Baldy Williams and mother-in-law of John Williams. May she rest in peace.



ADORATION on Ash Wednesday will be 9:00 a.m. to 4:00 p.m. and no novena.

"Put your heart at His feet. It is the gift He loves most."

— St. Elizabeth Ann Seton

YOUTH GROUP UPDATES/EVENTS

SOUPER BOWL OF CARING 2020 UPDATE

Our Youth and Adult helpers are still sorting, counting and boxing up food items for our SVDP Food Pantry. This past weekend we brought our total up to 9,382 items. I would also like to thank the Block family who came to me and asked if their family could hand out bags to their neighborhood this past weekend. We also have set up an on line giving food drive. Our goal was 300 items and we are already at 309 items. We still have 12 days remaining to shop on line if you would like to check it out. Remember when purchasing online, You Give Goods will send you a tax donation slip. You can either go directly to yougivegoods.com or check out the link on Our Savior's or Tina's Facebook page. We would like to **Thank** everyone, our surrounding neighborhoods, those who purchased online, and our parishioners. You are truly making a difference to so many families!

NEXT UP: LENTEN DINNERS

Once again our youth will be helping out the Knights of Columbus with their Lenten Dinners. We will supply all the desserts for the next 6 Friday nights. Please have your dessert here by 6pm so we can be ready to serve by 6:30. We will need about 3 or 4 youth to stay and help each week. Please let me know ASAP what weeks you can help out.

ALIVE IN YOU UPDATES:

Getting ready to order T-shirt and plans are being made for our free day! Just a reminder; if you haven't already sent in your original \$100 deposit, please do so as soon as possible. The second payment of \$120 was due January 15, 2020.

UPCOMING MEETINGS /EVENTS:

February 28th – Stations of the Cross 6pm and Lenten Dinner at 6:30

March 6th, 13th, 20th & 27th - Stations of the Cross 6pm and Lenten Dinner at 6:30

April 3rd - Stations of the Cross 6pm and Lenten Dinner at 6:30

Youth group is open to all Middle School Youth Group 6th-8th grade & High School Youth Group 9th-12th grade. Please bring a snack or drink to share with the group at our gatherings. Please contact Ms. Tina at youth@oursaviorparish.org or 251-633-6762 x 205, if you have any questions.

RICE BOWLS are in the back of the church. During Lent when you give up little things like coffee, candy, or alcohol we can make more room for God in our lives. The money you save can go to help those in need. Use these rice bowls to help with one of the big three of Lent: *almsgiving*. Rice bowl donations can be turned in at the offertory at each Mass during Lent.

LENTEN DEVOTIONAL BOOKS are in the back of the church in three different languages (English, Spanish, and Vietnamese.) They will help guide you through the 40 days of Lent with prayers, meditations, and inspiring essays. Please one per family.

PARISH LENTEN MISSION Our Mission will be February 29th - March 4th, given by Fr Dennis McManus a priest of our Archdiocese and currently teaching at Georgetown University in Washington, DC. Fr Dennis will preach at morning Masses 8:30 a.m. Monday - Wednesday, as well as Monday and Tuesday evenings at 7:00 p.m. We will end with a parish Reconciliation service on Wednesday evening. The theme: *"Conversations of Jesus."*

STATIONS OF THE CROSS will be at 6:00 p.m. every Friday during Lent.

PARISH LENTEN SUPPER will follow the Stations of the Cross at 6:30 p.m.. The Knights of Columbus will be serving a delicious Lenten meal in Jennings Hall. The cost will be \$8 for adults and \$3 for children under the age of 12. Pizza will be available for children.